



### Illness Guidelines and Policies

<b>Symptom/Diagnosis</b>	<b>Child will be sent home/excluded if any of the following is present</b>	<b>Child may return</b>
<b>Breathing Difficulty</b>	When difficulty is noticed or present if not already addressed with health care provider	When child is able to breathe without difficulty
<b>Chickenpox</b>	When lesions are noticed or present	When all lesions are dried and crusted. Typically takes 6+ days
<b>Cold Symptoms</b> (Cough, Runny or stuffy nose, scratchy throat, sneezing, watery eyes)	If accompanied by Fever ( <b>see fever criteria</b> )  <b>or</b> Child looks or acts very ill	When exclusion criteria is resolved or with a doctor's note stating the child is not contagious
<b>Diarrhea</b>	After 2 occurrences within a 24 hour period	When diarrhea subsides for 24 hours
<b>Diaper Rash</b>	If sores are oozing and leak body fluid outside the diaper	When exclusion criteria is resolved
<b>Fever</b>	Oral fever is 101* or greater Axillary (under arm) fever is 100* or greater Rectal fever is 102* or greater	When fever is regulated for 24 hours, without the use of fever reducing medication
<b>Hand, Foot &amp; Mouth Syndrome</b>	When lesions are noticed or present	When exclusion criteria is resolved or with a doctor's note stating the child is not contagious
<b>Head Lice</b>	When nits/eggs are noticed or present	When exclusion criteria is resolved
<b>Irritability</b>	If irritability cannot be redirected and/or prevents child from being able to participate	When child is able to be redirected
<b>Lethargy</b>	If lethargy prevents participation	When exclusion criteria is resolved

<b>Mouth Sores</b>	Sores cause drooling	When exclusion criteria is resolved or with a doctor's note stating the child is not contagious
<b>Pink Eye (Conjunctivitis)</b>	When discharge is noticed Pinkish/red swollen or irritated eyes	When exclusion criteria is resolved or with a doctor's note stating the child is not contagious, unless, at least 5 days has passed and no visible sign of infection
<b>Rash</b>	When unidentified rash is noticed	When exclusion criteria is resolved or with a doctor's note stating the child is not contagious
<b>Strep Throat</b>	If child has a positive strep culture	After at least 24 hours of antibiotic medicine
<b>Vomiting</b>	After 2 occurrences within a 24 hour period	When vomiting subsides for 24 hours

**Children will be excluded:**

- If the child is not able to participate in the classroom daily schedule.
- If the child requires more care than the staff is able to provide without compromising the needs of other children in the group.
- If the Director feels as if keeping the child in care poses an increased risk to the child or other children or adults to whom the child comes in contact with.

**Children may return:**

- If they have a current doctor's note stating the child is not contagious and the child is well enough to attend the center.
- If they have a doctor provide documentation of a chronic condition.